

**Event 1 Women 4x100 m Relay Under 13****16 Advance: Top 3 Each Heat plus Next 4 Best Times**

CBP: C 53.22		15/09/2019	VP-Glasgow AC, VP-Glasgow A	
National: N 52.87		08/09/2018	I.Stewart,A.Ball,O.Anderson,A	
2021: 54.19		11/09/2021	Pitreavie AAC, Pitreavie AA	
Team			Mackie U13, Cameron U13, Young U13, Fairweather U1	
			Heat	
=====				
Heat 1	Heat			
1	612 Pitreavie Aac 'A'			55.53Q
	1) #609 Faye Allan	2)	#610 Esme Deacon	
	3) #611 Molly McElroy	4)	#612 Mia Fairweather	
2	500 Airdrie Harriers 'A'			56.65Q
	1) #497 Leanna Elliot	2)	#498 Leah Paterson	
	3) #499 Dionne Maguinness	4)	#500 Enya Doran	
3	580 Kilmarnock H&Ac 'B'			57.87Q
	1) #577 Kacey Watson	2)	#578 Bethan McGarey	
	3) #579 Madeline Curley	4)	#580 Beth Gladston	
4	552 Falkirk Victoria Harriers 'A'			59.13q
	1) #549 Ruth Donaldson	2)	#550 Emily Christie	
	3) #551 Skye Robertson	4)	#552 Aine McAtarsney	
5	596 Motherwell AC 'A'			62.42
	1) #593 Viktoria Tennant	2)	#594 Ailsa Queen	
	3) #595 Niamh Cameron	4)	#596 Caitlin Reilly	
6	512 Ayr Seaforth AC 'A'			62.67
	1) #509 Anna Campbell	2)	#510 Jessica Needham	
	3) #511 Evie Robertson	4)	#512 Katie Ablett	
7	568 Harmeny AC 'B'			65.09
	1) #565 Amelie Davidson	2)	#566 Eve Bogie	
	3) #567 Shariva Lasure	4)	#568 Sophie Ross	
Heat 2	Heat			
1	576 Kilmarnock H&Ac 'A'			57.48Q
	1) #573 Olivia Mcmillan	2)	#574 Cara Monachello	
	3) #575 Eilidh Cooke	4)	#576 Lola Barrett	
2	560 Giffnock North AC 'B'			58.12Q
	1) #557 Freya McGeoch	2)	#558 Gabriella Amoratti	
	3) #559 Luisa Stewart	4)	#560 Cara heron	
3	588 Law & District Aac 'B'			60.09Q
	1) #585 Olivia Smith	2)	#586 Devyn Smith	
	3) #587 Alix Burns	4)	#588 Lauren Sweeting	
4	608 North Ayrshire Aac 'B'			60.53
	1) #605 Emy Finnigan	2)	#606 Ella McMillan	
	3) #607 Emmy Adam	4)	#608 Macy Dalton	
5	540 Dunfermline Track and Fiel 'B'			62.55
	1) #537 Poppy Warner	2)	#538 Briony Argo	
	3) #539 Ana Stobie	4)	#540 Molly Robinson	
6	52 Dundee Hawkhill Harriers 'C'			63.58
	1) #49 Breagha Hastie	2)	#50 Caitlin Smith	
	3) #51 Isabelle Crowther	4)	#52 Lena Rogers	
7	564 Harmeny AC 'A'			64.34
	1) #561 Kate Riches	2)	#562 Maya Buchan	
	3) #563 Holly Finlayson	4)	#564 Cara Watson	

**Event 1 Women 4x100 m Relay Under 13**

**16 Advance: Top 3 Each Heat plus Next 4 Best Times**

CBP: C 53.22		15/09/2019	VP-Glasgow AC, VP-Glasgow A	
National: N 52.87		08/09/2018	I.Stewart,A.Ball,O.Anderson,A	
2021: 54.19		11/09/2021	Pitreavie AAC, Pitreavie AA	
Team			Mackie U13, Cameron U13, Young U13, Fairweather U1	
			Heat	
=====				
Heat	3	Heat		
1	584	Law & District Aac 'A'		56.09Q
	1)	#581 Cara Murphy	2)	#582 Eilidh Cemerom
	3)	#583 Olivia Davidson	4)	#584 Mackenzie McHolm
2	544	Edinburgh AC 'A'		57.42Q
	1)	#541 Amelia Cooper	2)	#542 Rinnah Zoe Ajala
	3)	#543 Matilda Jamieson	4)	#544 Isla Duncan
3	528	Dundee Hawkhill Harriers 'A'		57.54Q
	1)	#525 Alliviah Bell	2)	#526 Eloise Ip
	3)	#527 Georgia Scott	4)	#528 Olivia Paton
4	520	Cumbernauld Aac 'A'		58.32q
	1)	#517 Freya Bellingham	2)	#518 Erin Longmuir
	3)	#519 Lilly Cutler	4)	#520 Emily Allison
5	616	Pitreavie Aac 'B'		58.78q
	1)	#613 Agnes Lister	2)	#614 Heidi Laing
	3)	#615 Olivia Pearson	4)	#616 Amelie Mathers
6	604	North Ayrshire Aac 'A'		59.70
	1)	#601 Olivia Fisher	2)	#602 Sophie Chalmers
	3)	#603 Lilly Caig	4)	#604 Lola Finnigan
7	508	Airdrie Harriers 'C'		62.91
	1)	#505 Kady Wood	2)	#506 Lucy O'Reilly
	3)	#507 Robyn Henderson	4)	#508 Tiegan Spittal
8	600	Musselburgh and District A 'A'		63.33
	1)	#597 Ashlyn Dickson	2)	#598 Ella Nicol
	3)	#599 Flick Thomson	4)	#600 Heidi Nicholson
Heat	4	Heat		
1	572	Kilbarchan Aac 'A'		55.53Q
	1)	#569 Isla Miller	2)	#570 Mairi Nicholson
	3)	#571 Lucy Hay	4)	#572 Olivia Taylor
2	556	Giffnock North AC 'A'		57.04Q
	1)	#553 Chloe Ferguson	2)	#554 Beatrice Nairne
	3)	#555 Charlotte Malcolm	4)	#556 Bethany McNeill
3	592	Livingston AC 'A'		58.48Q
	1)	#589 Chloe Zelazny	2)	#590 Jessica McCulloch
	3)	#591 Emily Sharp	4)	#592 Lucy Macmillan
4	504	Airdrie Harriers 'B'		59.04q
	1)	#501 Rose Carr	2)	#502 Eva Rodger
	3)	#503 Leah Dunphy	4)	#504 Sophia Phillips
5	536	Dunfermline Track and Fiel 'A'		59.21
	1)	#533 Hollie Lynas	2)	#534 Murrone Kane
	3)	#535 Sophie Jenkinson	4)	#536 Charlotte Thomas
6	524	Cumbernauld Aac 'B'		60.47
	1)	#521 Yasmin De Almeida	2)	#522 Bailie Gordon
	3)	#523 Genevieve Connachan	4)	#524 Chloe Senior
7	516	Central AC 'A'		63.40
	1)	#513 Maisie Beaton	2)	#514 Ava Grace McNicholl
	3)	#515 Emily Watkin	4)	#516 Rachel Carvel
8	532	Dundee Hawkhill Harriers 'B'		65.56
	1)	#529 Zoe Boyd-thorpe	2)	#530 Eloise Rogers
	3)	#531 Beth Aitchison	4)	#532 Fearne Jarrett

**Event 2 Women 4x100 m Relay Under 15****16 Advance: Top 3 Each Heat plus Next 4 Best Times**

CBP: C 49.30 1990 , Glasgow AC	
National: N 49.46 20/09/1998 , City of Glasgow AC	
2021: 50.65 11/09/2021 Edinburgh AC, Edinburgh AC	
C Lam U15, J Ajala U15, S Burns U15, K Reid U15	
Team	Heat
=====	
Heat 1	Heat
1 340 Elgin Aac 'A'	51.07Q
1) #337 Ava Cruickshank	2) #338 Iris Whitton
3) #339 Lauren Abbott	4) #340 Holly Whittaker
2 344 Elgin Aac 'B'	53.87Q
1) #341 Lillia Clarke	2) #342 Ruby Ferguson
3) #343 Anna Reid	4) #344 Lexi Grant
3 356 Giffnock North AC 'B'	54.59Q
1) #353 Sarah Anderson	2) #354 Ahrra Donaldson
3) #355 Maisie Ling	4) #356 Beth Fyvie
4 348 Falkirk Victoria Harriers 'A'	55.08q
1) #345 Lily Kimberley	2) #346 Erin Horler
3) #347 Mechele Fasoro	4) #348 Aimee Calder
5 380 Law & District Aac 'B'	55.63
1) #377 Eva Gray	2) #378 Aleshia O'Connor
3) #379 Cora Beattie	4) #380 Abbie Dick
6 328 Dundee Hawkhill Harriers 'B'	59.83
1) #325 Leigha Davidson	2) #326 Iris Nicoll
3) #327 Isabella Durston	4) #328 Tilly McLardy
Heat 2	Heat
1 316 Cumbernauld Aac 'A'	52.41Q
1) #313 Niah Taylor	2) #314 Jessica Young
3) #315 Chloe Coleman	4) #316 Niamh Reilly
2 360 Harmeny AC 'A'	52.63Q
1) #357 Ella Jones	2) #358 Ella McGowan
3) #359 Georgia Bruce	4) #360 Olivia Faith Muir
3 392 Pitreavie Aac 'A'	52.92Q
1) #389 Sophia Mackie	2) #390 Christy Cameron
3) #391 Hannah Gray	4) #392 Abigail Deacon
4 308 Central AC 'A'	54.26q
1) #305 Caitlin Aneila Aird	2) #306 Sophia Waring
3) #307 Fia Watkin	4) #308 Loren Stewart
5 324 Dundee Hawkhill Harriers 'A'	56.35
1) #321 Tayzyn Allan	2) #322 Nneoma Precious Ugwoke
3) #323 Brooke Lee	4) #324 Kaydi Smith
6 368 Kilmarnock H&Ac 'A'	56.63
1) #365 Breya Gibson	2) #366 Leah Henderson
3) #367 Isla Fitzgerald	4) #368 Amelie Adam
7 396 Pitreavie Aac 'B'	59.55
1) #393 Anna Mitchell	2) #394 Georgia Renton
3) #395 Rachel Margetts	4) #396 Nieve Hannell

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CBP: C 49.30 1990 , Glasgow AC	
National: N 49.46 20/09/1998 , City of Glasgow AC	
2021: 50.65 11/09/2021 Edinburgh AC, Edinburgh AC	
C Lam U15, J Ajala U15, S Burns U15, K Reid U15	
Team	Heat
=====	
Heat 3 Heat	
1 352 Giffnock North AC 'A'	51.58Q
1) #349 Hannah Turnbull	2) #350 Madeleine MacKenzie
3) #351 Poppy Ballantyne	4) #352 Helen Adakomola
2 376 Law & District Aac 'A'	51.65Q
1) #373 Neve Murray	2) #374 Lauren McNair
3) #375 Lucia McKenna	4) #376 Tehillah Ikechukwu Okonkwo
3 408 Vp-Glasgow AC 'A'	53.12Q
1) #405 Emily Doyle	2) #406 Ava Mitchell
3) #407 Anna Kelly	4) #408 Hannah McDermott
4 364 Kilbarchan Aac 'A'	54.11q
1) #361 Emily Clark	2) #362 Grace Farquhar
3) #363 Elise Wilkie	4) #364 Eva Carvil
5 304 Ayr Seaforth AC 'A'	56.29
1) #301 Lemony Allan-McLaughlin	2) #302 Emma Ablett
3) #303 Leya Gardiner	4) #304 Abby Scott
6 372 Lasswade AC 'A'	57.00
1) #369 Maya Mahaso	2) #370 Ruth Henderson
3) #371 Abbie Foster	4) #372 Emily Campbell
7 404 Team East Lothian 'A'	59.65
1) #401 Layla Magee	2) #402 Rebecca Hill
3) #403 Lily Hamilton	4) #404 Aoife Swan-Ashe
Heat 4 Heat	
1 388 North Ayrshire Aac 'A'	50.40Q
1) #385 Jessie Caig	2) #386 Jaymee Brown
3) #387 Naideen Dailly	4) #388 Shannon Brown
2 384 Livingston AC 'A'	51.20Q
1) #381 Enam Evong	2) #382 Jemma Smith
3) #383 Robyn Allan	4) #384 Kishi Aremu
3 332 Dunfermline Track and Fiel 'A'	52.63Q
1) #329 Sarah kane	2) #330 Amy Jenkinson
3) #331 Milly McKenzie	4) #332 Sophie Thomas
4 336 Edinburgh AC 'A'	54.05q
1) #333 Adora Sotannde	2) #334 Katie Reid
3) #335 Connie Sanderson	4) #336 Freya Ballantine
5 300 Airdrie Harriers 'A'	55.79
1) #297 Emma Hamilton	2) #298 Eva Fettes
3) #299 Abby Renwick	4) #300 Amy Wilton
6 312 Central AC 'A'	56.44
1) #309 Orla Pieroway	2) #310 Dara Clark
3) #311 Hazel Prince	4) #312 Rowan Calveley
7 320 Cumbernauld Aac 'A'	58.21
1) #317 Abi Keel	2) #318 Ava Dunbar
3) #319 Katie Agnew	4) #320 Ava Anderson

**Event 3 Men 4x100 m Relay Under 13****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

CBP: C 52.44 2006 , Lasswade AAC	
National: N 52.03 04/09/2011 M.Olsen,M.Dennis,C.McLennan,K	
2021: 54.11 11/09/2021 Giffnock North AC, Giffnock N	
Xavier U13, Summerhill U13, Reid U13, Weir U13	
Team	Heat
=====	
Heat 1	Heat
1 468 Livingston AC 'A'	58.51Q
1) #465 Connor Greenhorn	2) #466 Finlay Sharp
3) #467 Ethan Smyth	4) #468 Sam Spence
2 428 Dundee Hawkhill Harriers 'A'	58.97Q
1) #425 Shay Alipour	2) #426 Oliver Shepherd
3) #427 Ben Kelly	4) #428 Charlie Dunn
3 480 Pitreavie Aac 'A'	59.50
1) #477 Adam McAllister	2) #478 Samuel Fenton
3) #479 Lewis Roberts	4) #480 Callum Wood
4 448 Harmeny AC 'A'	63.79
1) #445 Andrew Porteous	2) #446 Markus John Peterson
3) #447 Gregor Wright	4) #448 Zach Watson
-- 492 Vp-Glasgow AC 'A'	DQ TR24.7
1) #489 Fraser Blake	2) #490 Fraser Parkinson
3) #491 Ethan Slack	4) #492 Rhuairdh Laing
Heat 2	Heat
1 436 Edinburgh AC 'A'	54.43Q
1) #433 Lennox Kunath	2) #434 Matt Dryden
3) #435 Archie Smart	4) #436 Lukas Sonnevill
2 440 Giffnock North AC 'A'	55.16Q
1) #437 Ayden Beard	2) #438 Cameron Mitchell
3) #439 Christopher Snowden	4) #440 Alistair Gear
3 416 Ayr Seaforth AC 'A'	56.21q
1) #413 Sebastien Ballantyne	2) #414 Lewis Relly
3) #415 Matthew Copland	4) #416 Ricco Begnor
4 420 Central AC 'A'	59.35
1) #417 Noah McIntyre-Simm	2) #418 Rory MacMillan
3) #419 Harrison MacMillan	4) #420 Luca Shepherd
5 432 Dundee Hawkhill Harriers 'B'	63.61
1) #429 Beau Greenwell	2) #430 Jamie Brill
3) #431 Darragh Stretton	4) #432 Ben McGinnes
-- 488 Team East Lothian 'A'	DQ TR24.7
1) #485 Matthew Connolly	2) #486 Josh Cooper
3) #487 Jacob Lamb	4) #488 Ben Anderson
Heat 3	Heat
1 424 Cumbernauld Aac 'A'	55.58Q
1) #421 Logan Craig	2) #422 Aidan Smith
3) #423 Matthew Murray	4) #424 Rory McFarlane
2 476 Pitreavie Aac 'A'	56.16Q
1) #473 Fraser Muir	2) #474 Michael Massey
3) #475 Brodie Simon	4) #476 Ollie Robson
3 460 Law & District Aac 'A'	56.44q
1) #457 Luke Evans	2) #458 Cameron Chambers
3) #459 Stefan Cowan	4) #460 Jack Duffin
4 444 Giffnock North AC 'B'	56.56
1) #441 Paul Rolfe	2) #442 Austin Summerhill
3) #443 Charlie Murray	4) #444 Jamie Meikle
5 472 Motherwell AC 'A'	60.41
1) #469 Daniel Dwyer	2) #470 Isaac Managa
3) #471 Joseph Ryan	4) #472 Max Allison
6 456 Kilmarnock H&Ac 'A'	63.86
1) #453 Harvey Young	2) #454 Callum Oneill
3) #455 Logan Muir	4) #456 Lachlan McNicol

**Event 4 Men 4x100 m Relay Under 15****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

CBP: C 45.51 2008 , Edinburgh AC	
National: N 44.40 02/07/2010 A.Ravenscroft,J.Higgins,N.Cou	
2021: 47.31 11/09/2021 Law & District AAC, Law & Dis	
Murphy U15, Blackwood U15, Hall U15, Duffin U15	
Team	Heat
<b>Heat 1 Heat</b>	
1 292 Vp-Glasgow AC 'A'	46.76Q
1) #289 Finlay Hall	2) #290 James Clark
3) #291 Mark Kelly	4) #292 Fergus Mitchell
2 268 Law & District Aac 'A'	48.82Q
1) #265 Jak Weir	2) #266 Calum Hall
3) #267 Lewis Carroll	4) #268 Owen Murphy
3 240 Edinburgh AC 'A'	50.56
1) #237 Alessandro Macdonald	2) #238 Arran Batchelor
3) #239 Donald Ross	4) #240 Lachie Steen
4 252 Giffnock North AC 'B'	51.63
1) #249 Aaron Reid	2) #250 Alexander Clark
3) #251 Nathan Booker	4) #252 Martin Rolfe
5 236 Dundee Hawkhill Harriers 'B'	51.97
1) #233 Adam Rogers	2) #234 Reuben Whamond
3) #235 Murdo Hastie	4) #236 Andrew Low
<b>Heat 2 Heat</b>	
1 256 Glasgow School of Sport 'A'	47.19Q
1) #253 Callum Thomson	2) #254 Rory Taylor-Young
3) #255 Ashtin Coutts	4) #256 Jonathan Hooper
2 248 Giffnock North AC 'A'	49.11Q
1) #245 Rishon Xavier	2) #246 Zander Summerhill
3) #247 Aaron Muir	4) #248 Myles Socrates
3 232 Dundee Hawkhill Harriers 'A'	49.11q
1) #229 Matthew McGregor	2) #230 Kynan Alipour
3) #231 Tom Dickson	4) #232 Matthew Ferrier
4 280 Pitreavie Aac 'A'	50.12q
1) #277 Sam Mitchell-Henry	2) #278 Lewis Cameron
3) #279 Jacob Hedley	4) #280 Lewis Muir
5 264 Kilmarnock H&Ac 'A'	51.91
1) #261 Cameron McGarey	2) #262 Zach Todd
3) #263 Rhian Mitchell	4) #264 Dlan Young
6 296 Vp-Glasgow AC 'B'	53.40
1) #293 Magnus Bryce	2) #294 Adam Watts
3) #295 Andrew Bain	4) #296 Gerard Gontor
<b>Heat 3 Heat</b>	
1 272 Livingston AC 'A'	48.57Q
1) #269 Cameron Spowart	2) #270 Moray Butler
3) #271 Finlay Cunningham	4) #272 Alex Thomson
2 276 Musselburgh and District A 'A'	49.23Q
1) #273 Ross Dargo	2) #274 Patrick Forsyth
3) #275 Filip Skorb	4) #276 Jake Nicol
3 220 Ayr Seaforth AC 'A'	52.48
1) #217 Matthew Cox	2) #218 Gregor Samson
3) #219 Corey Boughen	4) #220 Luca Stewart
4 288 Team East Lothian 'A'	53.81
1) #285 Howie Allison	2) #286 Joe Smith
3) #287 Jake Page	4) #288 Sam Renton
5 224 Central AC 'A'	53.88
1) #221 Conall Paterson	2) #222 Callum Thow
3) #223 Cameron Moore	4) #224 Jamie Connor
6 228 Cumbernauld Aac 'A'	55.00
1) #225 Jamie Dyce	2) #226 Joshua Gallagher
3) #227 Arran Wallace	4) #228 Aidan Arnott

**Event 5 Women 4x100 m Relay Under 17****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

CBP: C 48.31 1993 , City of Glasgow	
National: N 46.96 20/07/2002 P.Paterson,K.McDiarmid,S.Asta	
2021: 49.62 11/09/2021 Inverness Harriers AAC, Inver Iginbidu U17, Fraser U17, Mustarde U17, Harrison U	
Team	Heat
=====	
Heat 1	Heat
1 196 Law & District Aac 'A'	50.22Q
1) #193 Codie McHolm	2) #194 Tiana Greenshields
3) #195 Bethany Lang	4) #196 Jade Gray
2 184 Giffnock North AC 'A'	51.51Q
1) #181 Sofia Karnejenko	2) #182 Eilidh Hunter
3) #183 Casey Carr	4) #184 Erin Ramsay
3 204 Perth Strathhtay Harriers 'A'	51.98Q
1) #201 Abigail Robertson	2) #202 Erin Lee
3) #203 Lexie Head	4) #204 Fern Nissen
4 172 Cumbernauld Aac 'A'	52.57q
1) #169 Kaela Senior	2) #170 Grace Young
3) #171 Rebekah Lawman	4) #172 Gracie Ward
5 176 Dundee Hawkhill Harriers 'A'	54.22q
1) #173 Isabella Passway	2) #174 Alice Davidson
3) #175 Grace Cook	4) #176 Gemma Wade
6 160 Airdrie Harriers 'A'	56.17
1) #157 Carisann McCulloch	2) #158 Grace Wilson
3) #159 Emily Hunter	4) #160 Taylor More
7 168 Ayr Seaforth AC 'B'	56.24
1) #165 Hannah Slider	2) #166 Millie Baker
3) #167 Amy Tait	4) #168 Rosie Wallbanks
Heat 2	Heat
1 208 Pitreavie Aac 'A'	51.48Q
1) #205 Anastasia Cotorabai	2) #206 Holly Ovens
3) #207 Katie Thomson	4) #208 Lily Simon
2 200 Law & District Aac 'B'	52.10Q
1) #197 Ruth Hynd	2) #198 Emma Gilchrist
3) #199 Susannah Kay	4) #200 Eva Burns
3 164 Ayr Seaforth AC 'A'	54.26Q
1) #161 Rachel Toner	2) #162 Anna Kirk
3) #163 Megan Sloan	4) #164 Abbie Cairns
4 212 Team East Lothian 'A'	54.41
1) #209 Stella McGregor	2) #210 Eilidh Sproule
3) #211 Anna Smart	4) #212 Emily McKenzie
5 180 Dunfermline Track and Fiel 'A'	54.67
1) #177 Kirstin Penman	2) #178 Darcie Black
3) #179 Ellie Candlish	4) #180 Shayna Asamoah
6 188 Giffnock North AC 'B'	55.50
1) #185 Sophie Ferguson	2) #186 Katie Orr
3) #187 Eve Greene	4) #188 Kate Seenan
7 192 Lasswade AC 'A'	55.62
1) #189 Evie Donachie	2) #190 Venus Lam
3) #191 Roisin Free	4) #192 Eloise Scott

**Event 6 Men 4x100 m Relay Under 17****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

CBP: C 42.89 2014 , Edinburgh AC	
National: N 41.88 25/09/2021 D.Patterson,R.Voss,B.Gallaghe	
2021: 44.64 11/09/2021 Inverclyde AC, Inverclyde A	
McGarrigle U17, Docherty U17, Thirlaway U17, Steel	
Team	Heat
=====	
Heat 1	Heat
1 156 Team East Lothian 'A'	46.25Q
1) #153 Bailey Crawford	2) #154 Jack Renton
3) #155 Isaac Stevenson	4) #156 Gregory Hoggan
2 136 Kilmarnock H&Ac 'A'	47.08Q
1) #133 Ewan Johnstone	2) #134 Charlie Gaskin
3) #135 Matthew Monachello	4) #136 Thom Clelland
3 104 Central AC 'A'	47.75Q
1) #101 Dylan McCulloch	2) #102 Honah Whitby
3) #103 Andrew Twigg	4) #104 Chris Driver
4 112 Dundee Hawkhill Harriers 'A'	48.26q
1) #109 Jamie Dickson	2) #110 Chisom David Ugwoke
3) #111 Andrei Morrison	4) #112 Henry Colquhoun
5 108 Cumbernauld Aac 'A'	48.78
1) #105 Ben Farmer	2) #106 Grant McEachern
3) #107 Richard Alexander	4) #108 Logan Turnbull
-- 124 Giffnock North AC 'A'	DNF
1) #121 Edward Joyce	2) #122 Euan O'Brien
3) #123 Felix Chan	4) #124 Daniel Martin
Heat 2	Heat
1 152 Shettleston Harriers 'A'	44.29Q
1) #149 Ethan Ofoegbu	2) #150 Gkontouin Imante
3) #151 Maynard Conteh	4) #152 Lucky Eduwu
2 148 Pitreavie Aac 'A'	45.18Q
1) #145 Rory Balfour	2) #146 Caleb McLeod
3) #147 Evan Wilson	4) #148 Harris MacKie
3 132 Kilbarchan Aac 'A'	46.13Q
1) #129 Scott Ritchie	2) #130 Eniola Olatoke
3) #131 Carl Dickel	4) #132 Onose Awenlimobor
4 140 Lasswade AC 'A'	46.27q
1) #137 Petter Tye	2) #138 Aaron Cummings
3) #139 Kieran Anderson	4) #140 Ramsay Blair
5 128 Giffnock North AC 'B'	48.58
1) #125 Henry Abbott	2) #126 Samuel Sheridan
3) #127 Ryan Davie	4) #128 Reuben Pirie



**Event 7 Women 4x100 m Relay Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

CBP: C 47.00 1970 , Edinburgh Southern	
National: 44.75 2022 R.Matheson,A.Rees,S.Malone,T.	
National: N 45.30 01/08/2019 H.Paton,C.Lambert,K.Wyper,A.R	
2021: 48.01 11/09/2021 Giffnock North AC, Giffnock N	
Denholm U20, Bell U20, MacConnell U20, Cowan U20	
Team	Heat
=====	
Heat 1	Heat
1 68 Giffnock North AC 'A'	50.73Q
1) #65 Amy Greene	2) #66 Caroline MacConnell
3) #67 Sophie Slider	4) #68 Rachel Callan
2 100 Vp-Glasgow AC 'A'	51.47Q
1) #97 Catriona Scott	2) #98 Zoe Loughrey
3) #99 Anna Forbes	4) #100 McClune Samantha
3 92 Pitreavie Aac 'B'	51.73Q
1) #89 Sarah Duff	2) #90 Ruby Renton
3) #91 Jennifer Allan	4) #92 Holly Gordon
4 48 Central AC 'A'	53.90
1) #45 Chloe Watt	2) #46 Teagan McIntosh
3) #47 Amelie MacGregor	4) #48 Megan Dunlop
Heat 2	Heat
1 88 Pitreavie Aac 'A'	47.99Q
1) #85 Elena Clark	2) #86 Emma Pedrana
3) #87 Dani Mauchlen	4) #88 Katie Dinwoodie
2 64 Edinburgh AC 'A'	48.35Q
1) #61 Peace Oriabure Okaka	2) #62 Lulu MacLeod
3) #63 Katie Purves	4) #64 Stacey Downie
3 56 Dundee Hawkhill Harriers 'A'	48.54Q
1) #53 Andrea Goodman	2) #54 Sophie Wallwork
3) #55 Lucie Nicoll	4) #56 Rachel Lorimer
4 80 Law & District Aac 'A'	49.85q
1) #77 Cara-Jay Murdoch	2) #78 Leah Keisler
3) #79 Rosie Watson	4) #80 Sophie Evans
5 96 Team East Lothian 'A'	52.51q
1) #93 Kerry Morris	2) #94 Laura Buchan
3) #95 Erin Hall	4) #96 Joanne Welch

**Event 9 Women 4x100 m Relay Under 13**

**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

CBP: C 53.22		15/09/2019	VP-Glasgow AC, VP-Glasgow A	
National: N 52.87		08/09/2018	I.Stewart,A.Ball,O.Anderson,A	
2021: 54.19		11/09/2021	Pitreavie AAC, Pitreavie AA	
Team			Mackie U13, Cameron U13, Young U13, Fairweather U1	
			Semis	
=====				
Heat 1	Semi-Finals			
1	576	Kilmarnock H&Ac 'A'		54.10Q
	1)	#573 Olivia Mcmillan	2)	#574 Cara Monachello
	3)	#575 Eilidh Cooke	4)	#576 Lola Barrett
2	572	Kilbarchan Aac 'A'		55.24Q
	1)	#569 Isla Miller	2)	#570 Mairi Nicholson
	3)	#571 Lucy Hay	4)	#572 Olivia Taylor
3	500	Airdrie Harriers 'A'		56.30Q
	1)	#497 Leanna Elliot	2)	#498 Leah Paterson
	3)	#499 Dionne Maguinness	4)	#500 Enya Doran
4	520	Cumbernauld Aac 'A'		57.12q
	1)	#518 Erin Longmuir	2)	#517 Freya Bellingham
	3)	#519 Lilly Cutler	4)	#520 Emily Allison
5	560	Giffnock North AC 'B'		57.92
	1)	#557 Freya McGeoch	2)	#558 Gabriella Amoratti
	3)	#559 Luisa Stewart	4)	#560 Cara heron
6	552	Falkirk Victoria Harriers 'A'		58.43
	1)	#549 Ruth Donaldson	2)	#550 Emily Christie
	3)	#551 Skye Robertson	4)	#552 Aine McAtarsney
7	588	Law & District Aac 'B'		58.81
	1)	#585 Olivia Smith	2)	#586 Devyn Smith
	3)	#587 Alix Burns	4)	#588 Lauren Sweeting
8	528	Dundee Hawkhill Harriers 'A'		63.64
	1)	#525 Alliviah Bell	2)	#526 Eloise Ip
	3)	#527 Georgia Scott	4)	#528 Olivia Paton
Heat 2	Semi-Finals			
1	612	Pitreavie Aac 'A'		54.43Q
	1)	#609 Faye Allan	2)	#610 Esme Deacon
	3)	#611 Molly McElroy	4)	#612 Mia Fairweather
2	584	Law & District Aac 'A'		55.05Q
	1)	#581 Cara Murphy	2)	#582 Eilidh Cemerom
	3)	#583 Olivia Davidson	4)	#584 Mackenzie McHolm
3	556	Giffnock North AC 'A'		56.58Q
	1)	#553 Chloe Ferguson	2)	#554 Beatrice Nairne
	3)	#555 Charlotte Malcolm	4)	#556 Bethany McNeill
4	544	Edinburgh AC 'A'		56.85q
	1)	#541 Amelia Cooper	2)	#542 Rinnah Zoe Ajala
	3)	#543 Matilda Jamieson	4)	#544 Isla Duncan
5	592	Livingston AC 'A'		57.38
	1)	#589 Chloe Zelazny	2)	#590 Jessica McCulloch
	3)	#591 Emily Sharp	4)	#592 Lucy Macmillan
6	580	Kilmarnock H&Ac 'B'		57.58
	1)	#577 Kacey Watson	2)	#578 Bethan McGarey
	3)	#579 Madeline Curley	4)	#580 Beth Gladston
7	504	Airdrie Harriers 'B'		58.66
	1)	#501 Rose Carr	2)	#502 Eva Rodger
	3)	#503 Leah Dunphy	4)	#504 Sophia Phillips
--	616	Pitreavie Aac 'B'		DNF
	1)	#613 Agnes Lister	2)	#614 Heidi Laing
	3)	#615 Olivia Pearson	4)	#616 Amelie Mathers

**Event 10 Women 4x100 m Relay Under 15****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

CBP: C 49.30 1990 , Glasgow AC	
National: N 49.46 20/09/1998 , City of Glasgow AC	
2021: 50.65 11/09/2021 Edinburgh AC, Edinburgh AC	
C Lam U15, J Ajala U15, S Burns U15, K Reid U15	
Team	Semis
=====	
Heat 1	Semi-Finals
1 384	Livingston AC 'A' 50.29Q
1) #381	Enam Evong 2) #382 Jemma Smith
3) #383	Robyn Allan 4) #384 Kishi Aremu
2 388	North Ayrshire Aac 'A' 50.36Q
1) #385	Jessie Caig 2) #386 Jaymee Brown
3) #387	Naideen Dailly 4) #388 Shannon Brown
3 316	Cumbernauld Aac 'A' 52.14Q
1) #313	Niah Taylor 2) #314 Jessica Young
3) #315	Chloe Coleman 4) #316 Niamh Reilly
4 332	Dunfermline Track and Fiel 'A' 52.49q
1) #329	Sarah kane 2) #330 Amy Jenkinson
3) #331	Milly McKenzie 4) #332 Sophie Thomas
5 336	Edinburgh AC 'A' 53.35
1) #333	Adora Sotannde 2) #334 Katie Reid
3) #335	Connie Sanderson 4) #336 Freya Ballantine
6 344	Elgin Aac 'B' 53.77
1) #341	Lillia Clarke 2) #342 Ruby Ferguson
3) #343	Anna Reid 4) #344 Lexi Grant
7 348	Falkirk Victoria Harriers 'A' 54.97
1) #345	Lily Kimberley 2) #346 Erin Horler
3) #347	Mechele Fasoro 4) #348 Aimee Calder
8 356	Giffnock North AC 'B' 56.49
1) #353	Sarah Anderson 2) #354 Ahrra Donaldson
3) #355	Maisie Ling 4) #356 Beth Fyvie
Heat 2	Semi-Finals
1 340	Elgin Aac 'A' 50.46Q
1) #337	Ava Cruickshank 2) #338 Iris Whitton
3) #339	Lauren Abbott 4) #340 Holly Whittaker
2 376	Law & District Aac 'A' 50.93Q
1) #373	Neve Murray 2) #374 Lauren McNair
3) #375	Lucia McKenna 4) #376 Tehillah Ikechukwu Okonkwo
3 352	Giffnock North AC 'A' 51.39Q
1) #349	Hannah Turnbull 2) #350 Madeleine MacKenzie
3) #351	Poppy Ballantyne 4) #352 Helen Adakomola
4 392	Pitreavie Aac 'A' 51.89q
1) #389	Sophia Mackie 2) #390 Christy Cameron
3) #391	Hannah Gray 4) #392 Abigail Deacon
5 360	Harmeny AC 'A' 52.52
1) #357	Ella Jones 2) #358 Ella McGowan
3) #359	Georgia Bruce 4) #360 Olivia Faith Muir
6 408	Vp-Glasgow AC 'A' 52.90
1) #405	Emily Doyle 2) #406 Ava Mitchell
3) #407	Anna Kelly 4) #408 Hannah McDermott
7 308	Central AC 'A' 53.77
1) #305	Caitlin Aneila Aird 2) #306 Sophia Waring
3) #307	Fia Watkin 4) #308 Loren Stewart
8 364	Kilbarchan Aac 'A' 54.04
1) #361	Emily Clark 2) #362 Grace Farquhar
3) #363	Elise Wilkie 4) #364 Eva Carvil

**Event 11 Men 4x100 m Relay Under 13**

=====  
 CBP: C 52.44 2006 , Lasswade AAC  
 National: N 52.03 04/09/2011 M.Olsen,M.Dennis,C.McLennan,K  
 2021: 54.11 11/09/2021 Giffnock North AC, Giffnock N  
 Xavier U13, Summerhill U13, Reid U13, Weir U13  
 Team Finals  
 =====

Heat	1	Finals			
1	436	Edinburgh AC 'A'			53.28
	1)	#433 Lennox Kunath	2)	#434 Matt Dryden	
	3)	#435 Archie Smart	4)	#436 Lukas Sonnevill	
2	440	Giffnock North AC 'A'			54.52
	1)	#437 Ayden Beard	2)	#438 Cameron Mitchell	
	3)	#439 Christopher Snowden	4)	#440 Alistair Gear	
3	424	Cumbernauld Aac 'A'			55.84
	1)	#421 Logan Craig	2)	#422 Aidan Smith	
	3)	#423 Matthew Murray	4)	#424 Rory McFarlane	
4	460	Law & District Aac 'A'			55.91
	1)	#457 Luke Evans	2)	#458 Cameron Chambers	
	3)	#459 Stefan Cowan	4)	#460 Jack Duffin	
5	416	Ayr Seaforth AC 'A'			56.20
	1)	#413 Sebastien Ballantyne	2)	#414 Lewis Relly	
	3)	#415 Matthew Copland	4)	#416 Ricco Begnor	
6	476	Pitreavie Aac 'A'			57.19
	1)	#473 Fraser Muir	2)	#474 Michael Massey	
	3)	#475 Brodie Simon	4)	#476 Ollie Robson	
7	428	Dundee Hawkhill Harriers 'A'			58.36
	1)	#425 Shay Alipour	2)	#426 Oliver Shepherd	
	3)	#427 Ben Kelly	4)	#428 Charlie Dunn	
8	468	Livingston AC 'A'			58.89
	1)	#465 Connor Greenhorn	2)	#466 Finlay Sharp	
	3)	#467 Ethan Smyth	4)	#468 Sam Spence	

**Event 12 Men 4x100 m Relay Under 15**

=====  
 CBP: C 45.51 2008 , Edinburgh AC  
 National: N 44.40 02/07/2010 A.Ravenscroft,J.Higgins,N.Cou  
 2021: 47.31 11/09/2021 Law & District AAC, Law & Dis  
 Murphy U15, Blackwood U15, Hall U15, Duffin U15  
 Team Finals  
 =====

1	292	Vp-Glasgow AC 'A'			46.11
	1)	#289 Finlay Hall	2)	#290 James Clark	
	3)	#291 Mark Kelly	4)	#292 Fergus Mitchell	
2	256	Glasgow School of Sport 'A'			46.19
	1)	#253 Callum Thomson	2)	#254 Rory Taylor-Young	
	3)	#255 Ashtin Coutts	4)	#256 Jonathan Hooper	
3	268	Law & District Aac 'A'			47.96
	1)	#265 Jak Weir	2)	#266 Calum Hall	
	3)	#267 Lewis Carroll	4)	#268 Owen Murphy	
4	272	Livingston AC 'A'			48.02
	1)	#269 Cameron Spowart	2)	#270 Moray Butler	
	3)	#271 Finlay Cunningham	4)	#272 Alex Thomson	
5	280	Pitreavie Aac 'A'			48.57
	1)	#277 Sam Mitchell-Henry	2)	#278 Lewis Cameron	
	3)	#279 Jacob Hedley	4)	#280 Lewis Muir	
6	276	Musselburgh and District A 'A'			48.75
	1)	#273 Ross Dargo	2)	#274 Patrick Forsyth	
	3)	#275 Filip Skorb	4)	#276 Jake Nicol	
7	248	Giffnock North AC 'A'			48.92
	1)	#245 Rishon Xavier	2)	#246 Zander Summerhill	
	3)	#247 Aaron Muir	4)	#248 Myles Socrates	
8	232	Dundee Hawkhill Harriers 'A'			49.86
	1)	#229 Matthew McGregor	2)	#230 Kynan Alipour	
	3)	#231 Tom Dickson	4)	#232 Matthew Ferrier	

**Event 13 Women 4x100 m Relay Under 17**

=====  
 CBP: C 48.31 1993 , City of Glasgow  
 National: N 46.96 20/07/2002 P.Paterson,K.McDiarmid,S.Asta  
 2021: 49.62 11/09/2021 Inverness Harriers AAC, Inver  
 Igbiniidu U17, Fraser U17, Mustarde U17, Harrison U

Team Finals

1	196	Law & District Aac 'A'			49.97
	1)	#193 Codie McHolm	2)	#194 Tiana Greenshields	
	3)	#195 Bethany Lang	4)	#196 Jade Gray	
2	184	Giffnock North AC 'A'			51.11
	1)	#181 Sofia Karnejenko	2)	#182 Eilidh Hunter	
	3)	#183 Casey Carr	4)	#184 Erin Ramsay	
3	200	Law & District Aac 'B'			51.21
	1)	#197 Ruth Hynd	2)	#198 Emma Gilchrist	
	3)	#199 Susannah Kay	4)	#200 Eva Burns	
4	208	Pitreavie Aac 'A'			51.46
	1)	#205 Anastasia Cotorabai	2)	#206 Holly Ovens	
	3)	#207 Katie Thomson	4)	#208 Lily Simon	
5	204	Perth Strathhtay Harriers 'A'			52.24
	1)	#201 Abigail Robertson	2)	#202 Erin Lee	
	3)	#203 Lexie Head	4)	#204 Fern Nissen	
6	172	Cumbernauld Aac 'A'			52.74
	1)	#169 Kaela Senior	2)	#170 Grace Young	
	3)	#171 Rebekah Lawman	4)	#172 Gracie Ward	
7	164	Ayr Seaforth AC 'A'			53.37
	1)	#161 Rachel Toner	2)	#162 Anna Kirk	
	3)	#163 Megan Sloan	4)	#164 Abbie Cairns	
8	176	Dundee Hawkhill Harriers 'A'			53.83
	1)	#173 Isabella Passway	2)	#174 Alice Davidson	
	3)	#175 Grace Cook	4)	#176 Gemma Wade	

**Event 14 Men 4x100 m Relay Under 17**

=====  
 CBP: C 42.89 2014 , Edinburgh AC  
 National: N 41.88 25/09/2021 D.Patterson,R.Voss,B.Gallaghe  
 2021: 44.64 11/09/2021 Inverclyde AC, Inverclyde A  
 McGarrigle U17, Docherty U17, Thirlaway U17, Steel

Team Finals

1	152	Shettleston Harriers 'A'			43.87
	1)	#149 Ethan Ofoegbu	2)	#150 Gkontouin Imante	
	3)	#151 Maynard Conteh	4)	#152 Lucky Eduwu	
2	148	Pitreavie Aac 'A'			44.55
	1)	#145 Rory Balfour	2)	#146 Caleb McLeod	
	3)	#147 Evan Wilson	4)	#148 Harris MacKie	
3	156	Team East Lothian 'A'			45.72
	1)	#153 Bailey Crawford	2)	#154 Jack Renton	
	3)	#155 Isaac Stevenson	4)	#156 Gregory Hoggan	
4	140	Lasswade AC 'A'			46.44
	1)	#137 Petter Tye	2)	#138 Aaron Cummings	
	3)	#139 Kieran Anderson	4)	#140 Ramsay Blair	
5	112	Dundee Hawkhill Harriers 'A'			48.08
	1)	#109 Jamie Dickson	2)	#110 Chisom David Ugwoke	
	3)	#111 Andrei Morrison	4)	#112 Henry Colquhoun	
6	104	Central AC 'A'			48.30
	1)	#101 Dylan McCulloch	2)	#102 Honah Whitby	
	3)	#103 Andrew Twigg	4)	#104 Chris Driver	
--	132	Kilbarchan Aac 'A'			DQ TR24.7
	1)	#129 Scott Ritchie	2)	#130 Eniola Olatoke	
	3)	#131 Carl Dickel	4)	#132 Onose Awenlimobor	

**Event 15 Women 4x100 m Relay Senior**

=====  
 CBP: C 47.00 1970 , Edinburgh Southern  
 National: 44.75 2022 R.Matheson,A.Rees,S.Malone,T.  
 National: N 45.30 01/08/2019 H.Paton,C.Lambert,K.Wyper,A.R  
 2021: 48.01 11/09/2021 Giffnock North AC, Giffnock N  
 Denholm U20, Bell U20, MacConnell U20, Cowan U20

Team Finals

=====			
1	64	Edinburgh AC 'A'	48.14
	1)	#61 Peace Oriabure Okaka	2) #62 Lulu MacLeod
	3)	#63 Katie Purves	4) #64 Stacey Downie
2	56	Dundee Hawkhill Harriers 'A'	48.36
	1)	#53 Andrea Goodman	2) #54 Sophie Wallwork
	3)	#55 Lucie Nicoll	4) #56 Rachel Lorimer
3	80	Law & District Aac 'A'	49.91
	1)	#77 Cara-Jay Murdoch	2) #78 Leah Keisler
	3)	#79 Rosie Watson	4) #80 Sophie Evans
4	68	Giffnock North AC 'A'	51.17
	1)	#65 Amy Greene	2) #66 Caroline MacConnell
	3)	#67 Sophie Slider	4) #68 Rachel Callan
5	100	Vp-Glasgow AC 'A'	51.37
	1)	#97 Catriona Scott	2) #98 Zoe Loughrey
	3)	#99 Anna Forbes	4) #100 McClune Samantha
6	92	Pitreavie Aac 'B'	51.62
	1)	#89 Sarah Duff	2) #90 Ruby Renton
	3)	#91 Jennifer Allan	4) #92 Holly Gordon
7	96	Team East Lothian 'A'	52.44
	1)	#93 Kerry Morris	2) #94 Laura Buchan
	3)	#95 Erin Hall	4) #96 Joanne Welch
--	88	Pitreavie Aac 'A'	DNF
	1)	#85 Elena Clark	2) #86 Emma Pedrana
	3)	#87 Dani Mauchlen	4) #88 Katie Dinwoodie

**Event 16 Men 4x100 m Relay Senior**

=====  
 CBP: C 41.84 1992 , Caledon Park  
 National: 40.19 20/08/1998 A.Wells,D.Clark,J.Henderson,E  
 National: N 39.24 12/08/1978 D.Jenkins,A.Wells,C.Sharp,A.M  
 2021: 42.18 11/09/2021 Kilbarchan AAC, Kilbarchan A  
 Thomas Sen, Aiken Sen, Dunlop Sen, Yeoman Sen

Team Finals

Heat 1

=====			
1	36	Kilmarnock H&Ac 'A'	42.96
	1)	#33 Josh Smith	2) #34 Lewis Tidy
	3)	#35 Andrew Baird	4) #36 Ally Mitchell
2	20	Edinburgh AC 'A'	43.07
	1)	#17 Rory Brogan U17	2) #18 Mateo Hughes
	3)	#19 Bradley Francis	4) #20 Alexander Poustie-Williamso
3	44	Vp-Glasgow AC 'A'	44.14
	1)	#41 Ethan Pottie	2) #42 Sol Stewart
	3)	#43 Jamie Stevenson	4) #44 Alexander Thomson
4	8	Cumbernauld Aac 'A'	44.81
	1)	#5 Finley Pinkerton	2) #6 Calum Mackenzie
	3)	#7 Adam Atkinson	4) #8 William Paterson
5	12	Dundee Hawkhill Harriers 'A'	45.97
	1)	#9 Gino Brock	2) #10 Scott Hannaway
	3)	#11 Logan Robertson	4) #12 Ryan Fox
6	40	Law & District Aac 'A'	47.21
	1)	#37 Kian Scullion	2) #38 Cameron Martin
	3)	#39 Liam Nolan	4) #40 James McClafferty

**Event 17 Women 4x100 m Relay Under 13**

=====			
CBP:	C	53.22	15/09/2019 VP-Glasgow AC, VP-Glasgow A Z Wilson, L Carr, E Crawford, Z Douglas
National:	N	52.87	08/09/2018 I. Stewart, A. Ball, O. Anderson, A
2021:		54.19	11/09/2021 Pitreavie AAC, Pitreavie AA Mackie U13, Cameron U13, Young U13, Fairweather U1
Team			Finals
=====			
Heat	1	Finals	
1	576	Kilmarnock H&Ac 'A'	53.34
	1)	#573 Olivia Mcmillan	2) #574 Cara Monachello
	3)	#575 Eilidh Cooke	4) #576 Lola Barrett
2	612	Pitreavie Aac 'A'	53.39
	1)	#609 Faye Allan	2) #610 Esme Deacon
	3)	#611 Molly McElroy	4) #612 Mia Fairweather
3	572	Kilbarchan Aac 'A'	54.58
	1)	#569 Isla Miller	2) #570 Mairi Nicholson
	3)	#571 Lucy Hay	4) #572 Olivia Taylor
4	584	Law & District Aac 'A'	54.60
	1)	#581 Cara Murphy	2) #582 Eilidh Cemeron
	3)	#583 Olivia Davidson	4) #584 Mackenzie McHolm
5	556	Giffnock North AC 'A'	56.34
	1)	#553 Chloe Ferguson	2) #554 Beatrice Nairne
	3)	#555 Charlotte Malcolm	4) #556 Bethany McNeill
6	520	Cumbernauld Aac 'A'	56.38
	1)	#518 Erin Longmuir	2) #517 Freya Bellingham
	3)	#519 Lilly Cutler	4) #520 Emily Allison
7	544	Edinburgh AC 'A'	56.44
	1)	#541 Amelia Cooper	2) #542 Rinnah Zoe Ajala
	3)	#543 Matilda Jamieson	4) #544 Isla Duncan
8	500	Airdrie Harriers 'A'	56.46
	1)	#497 Leanna Elliot	2) #498 Leah Paterson
	3)	#499 Dionne Maguinness	4) #500 Enya Doran

**Event 18 Women 4x100 m Relay Under 15**

=====			
CBP:	C	49.30	1990 , Glasgow AC
National:	N	49.46	20/09/1998 , City of Glasgow AC
2021:		50.65	11/09/2021 Edinburgh AC, Edinburgh AC C Lam U15, J Ajala U15, S Burns U15, K Reid U15
Team			Finals
=====			
1	340	Elgin Aac 'A'	49.96
	1)	#337 Ava Cruickshank	2) #338 Iris Whitton
	3)	#339 Lauren Abbott	4) #340 Holly Whittaker
2	388	North Ayrshire Aac 'A'	50.00
	1)	#385 Jessie Caig	2) #386 Jaymee Brown
	3)	#387 Naideen Dailly	4) #388 Shannon Brown
3	384	Livingston AC 'A'	50.37
	1)	#381 Enam Evong	2) #382 Jemma Smith
	3)	#383 Robyn Allan	4) #384 Kishi Aremu
4	376	Law & District Aac 'A'	50.81
	1)	#373 Neve Murray	2) #374 Lauren McNair
	3)	#375 Lucia McKenna	4) #376 Tehillah Ikechukwu Okonkwo
5	352	Giffnock North AC 'A'	51.93
	1)	#349 Hannah Turnbull	2) #350 Madeleine MacKenzie
	3)	#351 Poppy Ballantyne	4) #352 Helen Adakomola
6	332	Dunfermline Track and Fiel 'A'	52.06
	1)	#329 Sarah kane	2) #330 Amy Jenkinson
	3)	#331 Milly McKenzie	4) #332 Sophie Thomas
7	316	Cumbernauld Aac 'A'	52.17
	1)	#313 Niah Taylor	2) #314 Jessica Young
	3)	#315 Chloe Coleman	4) #316 Niamh Reilly
8	392	Pitreavie Aac 'A'	52.21
	1)	#389 Sophia Mackie	2) #390 Christy Cameron
	3)	#391 Hannah Gray	4) #392 Abigail Deacon

## Event 19 Women 4x300 m Relay Under 15

CBP: C 2:49.40 2016 , Central AC	
National: N 2:46.95 08/07/2018 K.Reville,A.Davison,N.Edgar	
2021: 2:59.82 11/09/2021 Pitreavie AAC, Pitreavie AA	
Cotorobai U15, Thomson U15, Hunter U15, Ovens U15	
Team	Finals
Heat 1	
1 800 North Ayrshire Aac 'A'	2:56.59
1) #797 Naideen Dailly	2) #798 Jessie Caig
3) #799 Shannon Brown	4) #800 Jaymee Brown
2 796 Livingston AC 'A'	3:01.71
1) #793 Enam Evong	2) #794 Alannah Snowden
3) #795 Kishi Aremu	4) #796 Jemma Smith
3 764 Dunfermline Track and Fiel 'A'	3:06.89
1) #761 Amy Jenkinson	2) #762 Ruby Candlish
3) #763 Rachel Barnett	4) #764 Sophie Thomas
4 788 Kilmarnock H&Ac 'A'	3:09.64
1) #785 Molly Hunter	2) #786 Erin Tonner
3) #787 Abbey Kennedy	4) #788 Carly Fraser
5 792 Law & District Aac 'A'	3:10.00
1) #789 Lucia McKenna	2) #790 Abbie Dick
3) #791 Emma Kearney	4) #792 Lauren McNair
6 744 Airdrie Harriers 'A'	3:14.84
1) #741 Eva Fettes	2) #742 Emma Hamilton
3) #743 Abby Renwick	4) #744 Lucille King
7 752 Central AC 'B'	3:20.05
1) #749 Rowan Calveley	2) #750 Katherine Mitchell
3) #751 Hazel Prince	4) #752 Niamh Caldwell
Heat 2	
1 784 Glasgow School of Sport 'A'	3:00.50
1) #781 Caitlin McGeachy	2) #782 Eihlinn Gillespie
3) #783 Millie Gairn	4) #784 Annie McLean
2 768 Edinburgh AC 'A'	3:01.20
1) #765 Connie Sanderson	2) #766 Charlotte Smart
3) #767 Katie Reid	4) #768 Freya Ballantine
3 748 Central AC 'A'	3:03.09
1) #745 Niamh McKinlay	2) #746 Tabitha Mackenzie
3) #747 Sophia Waring	4) #748 Loren Stewart
4 756 Cumbernauld Aac 'A'	3:05.49
1) #753 Ava Clark	2) #754 Hannah Dornan
3) #755 Jemma Macleod	4) #756 Laya Caldwell
5 776 Giffnock North AC 'A'	3:05.84
1) #773 Hannah Turnbull	2) #774 Madeleine Mackenzie
3) #775 Beth Fyvie	4) #776 Emily Williams
6 772 Falkirk Victoria Harriers 'A'	3:12.62
1) #769 Eve Donaldson	2) #770 Lily Kimberley
3) #771 Lara Crawford	4) #772 Mia Fulton
7 760 Dundee Hawkhill Harriers 'A'	3:15.64
1) #757 Tamzyn Allan	2) #758 Kaydi Smith
3) #759 Brooke Lee	4) #760 Nneoma Precious Ugwoke



## Event 20 Men 4x300 m Relay Under 15

=====			
CBP: C	2:38.72	2018	, Edinburgh AC
National: N	2:34.78	02/09/2012	S.Marcantonio, J.Kerr, J.Roul
2021:	2:44.09	11/09/2021	Law & District AAC, Law & D
			Murphy U15, Blackwood U15, Hall U15, Duffin U15
Team	Finals		
=====			
Heat 1			
1 716	Law & District Aac 'A'		2:44.61 2.44.604
1)	#713 Jak Weir	2)	#714 John Frood
3)	#715 Calum Hall	4)	#716 Owen Murphy
2 720	Livingston AC 'A'		2:44.61 2.44.610
1)	#717 Moray Butler	2)	#718 Alex Thomson
3)	#719 Finlay Cunningham	4)	#720 Cameron Spowart
3 700	Dundee Hawkhill Harriers 'B'		2:52.96
1)	#697 Matthew McGregor	2)	#698 Adam Rogers
3)	#699 Murdo Hastie	4)	#700 Tom Dickson
4 692	Central AC 'A'		3:09.13
1)	#689 Conall Paterson	2)	#690 Callum Thow
3)	#691 Cameron Moore	4)	#692 Jamie Connor
Heat 2			
1 736	Vp-Glasgow AC 'A'		2:42.45
1)	#733 James Clark	2)	#734 Finlay Hall
3)	#735 Mark Kelly	4)	#736 Fergus Mitchell
2 708	Giffnock North AC 'A'		2:45.46
1)	#705 Zander Summerhill	2)	#706 Aaron Muir
3)	#707 Aaron Reid	4)	#708 Martin Rolfe
3 696	Dundee Hawkhill Harriers 'A'		2:49.71
1)	#693 Kynan Alipour	2)	#694 Matthew Ferrier
3)	#695 Reuben Whamond	4)	#696 Andrew Low
4 732	Pitreavie Aac 'A'		2:55.47
1)	#729 Lewis Muir	2)	#730 Jacob Hedley
3)	#731 Frazer Lees	4)	#732 Ross Allan
5 688	Ayr Seaforth AC 'A'		2:59.97
1)	#685 Luca Stewart	2)	#686 Matthew Cox
3)	#687 Alasdair MacLean	4)	#688 Gregor Samson

**Event 21 Women 4x300 m Relay Under 17**

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=====
CBP: C 2:46.74 15/09/2019 Giffnock North AC, Giffnock
      K Foss, R Callan, C MacConnell, A Bell
National: N 2:38.51 25/09/2021 S.Vidak,M.Murdoch,K.Johnson
2021: 2:54.91 11/09/2021 VP-Glasgow AC, VP-Glasgow A
      Kirkwood U17, Bushell U17, Storrrie U17, Scott U17
Team                                     Finals
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Heat 1
1 680 Pitreavie Aac 'A'                                     2:51.61
   1) #677 Anastasia Cotorobai                          2) #678 Katie Thomson
   3) #679 Erin Macfarlane                               4) #680 Holly Ovens
2 640 Ayr Seaforth AC 'A'                                   3:02.75
   1) #637 Lillie McCluskie                              2) #638 Rosie Wallbanks
   3) #639 Abbie Cairns                                  4) #640 Anna Kirk
3 672 Law & District Aac 'B'                               3:04.89
   1) #669 Susannah Kay                                  2) #670 Hannah Kulke
   3) #671 Hannah Todd                                   4) #672 Eva Burns
4 648 Dundee Hawkhill Harriers 'A'                       3:08.97
   1) #645 Isabella Passway                              2) #646 Grace Cook
   3) #647 Alice Davidson                                4) #648 Gemma Wade

Heat 2
1 652 Dunfermline Track and Fiel 'A'                     2:55.00
   1) #649 Sophie Penman                                 2) #650 Darcie Black
   3) #651 Elllie Candlish                               4) #652 Shayna Asamoah
2 668 Law & District Aac 'A'                               2:55.72
   1) #665 Emma Gilchrist                                2) #666 Bethany Lang
   3) #667 Ruth Hynd                                    4) #668 Codie McHolm
3 656 Giffnock North AC 'A'                               3:02.41
   1) #653 Erin Ramsay                                   2) #654 Emily Watson
   3) #655 Cara Slater                                  4) #656 Holly Slater
4 644 Central AC 'A'                                       3:09.92
   1) #641 Rori Sienna Joubert                          2) #642 Zosia Paddon
   3) #643 Alice Cameron                                4) #644 Aaliyah McCloud
5 676 Livingston AC 'A'                                    3:11.15
   1) #673 Carly Smith                                  2) #674 Imogen Marshall
   3) #675 Kirsten Morris                              4) #676 Hope Hynchcliff

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**Event 22 Men 4x400 m Relay Under 17**

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=====
CBP: C 3:24.86 2007 , VP Glasgow
National: N 3:14.50 20/07/1996 C.Carson,J.Shenava,R.McDona
2021: 3:41.44 11/09/2021 Airdrie Harriers, Airdrie H
      Gallagher U17, Hamilton U15, Mooney U17, Scott U17
Team                                     Finals
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Heat 1
1 880 Pitreavie Aac 'A'                                     3:36.53
   1) #877 Evan Wilson                                   2) #878 Harris Mackie
   3) #879 Cameron Johnston                             4) #880 Caleb McLeod
2 868 Dundee Hawkhill Harriers 'A'                       3:39.33
   1) #865 Chinedu Akunna                               2) #866 Jamie Dickson
   3) #867 Chisom David Ugwoke                         4) #868 Ryan Ferrier
3 888 Team East Lothian 'A'                               3:50.80
   1) #885 Bailey Crawford                              2) #886 Jack Renton
   3) #887 Isaac Stevenson                              4) #888 John Marshall
4 864 Ayr Seaforth AC 'A'                                  4:03.46
   1) #861 Calum Hannah                                 2) #862 Daniel Byers
   3) #863 Ethan Polson                                 4) #864 Leo Brockie
-- 876 Law & District Aac 'A'                             DNF
   1) #873 Ross Duffin                                  2) #874 Ewan Sweeting
   3) #875 Declan McClelland                            4) #876 Logan Whitton

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**Event 23 Women 4x400 m Relay Senior**

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=====
CBP: C 3:44.90 1979 , Pitreavie AAC
CBP: 3:44.90 1981 , Pitreavie AAC
National: 3:39.30 21/09/1974 M.Munro,E.Douglas,A.Clarkso
National: N 3:29.18 14/04/2018 Z.Clark,K.McAslan,L.Sharp,E
2021: 4:15.95 11/09/2021 Dundee Hawkhill Harriers, D
Duncan-Morris U20, King Sen, Moncur Sen, Esslemont
Team Finals
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=====
1 856 Edinburgh AC 'A' 3:55.58
1) #853 Katie Johnson 2) #854 Katie Purves
3) #855 Stacey Downie 4) #856 Anise Macaulay Orr
2 852 Dundee Hawkhill Harriers 'A' 4:02.81
1) #849 Sophie Wallwork 2) #850 Phoebe Moncur
3) #851 Eilidh Reynolds 4) #852 Lucie Nicoll
3 860 Law & District Aac 'A' 4:06.16
1) #857 Cara-Jay Murdoch 2) #858 Sophie Evans
3) #859 Rosie Watson 4) #860 Leah Keisler
4 848 Central AC 'A' 4:24.23
1) #845 Ellen Montgomery 2) #846 Sarah Pearson
3) #847 Amelie MacGregor 4) #848 Megan Dunlop
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**Event 24 Men 4x400 m Relay Senior**

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CBP: C 3:15.30 1979 , Edinburgh AC
National: 3:08.93 06/09/1975 P.Hoffmann,P.Forbes,N.Grego
National: N 3:03.94 01/08/2014 K.Rbrtsn,J.Bowie,G.Louden,G
2021: 3:18.96 11/09/2021 Kilbarchan AAC, Kilbarchan
Cairns Sen, Johnston U20, Henderson Sen, Aiken Sen
Team Finals
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1 832 Kilbarchan Aac 'A' 3:21.90
1) #829 Stephen Johnston 2) #830 Michael Cairns
3) #831 Connor Henderson 4) #832 Krishawn Aiken
2 808 Dundee Hawkhill Harriers 'A' 3:22.87
1) #805 Scott Hannaway 2) #806 Gino Brock
3) #807 Declan Gall 4) #808 Ryan Fox
3 820 Falkirk Victoria Harriers 'A' 3:23.52
1) #817 Harry McPhee 2) #818 Ben Charles Sutherland
3) #819 Ben Grant 4) #820 Kane Elliott
4 844 Livingston AC 'A' 3:27.73
1) #841 Lewis MacIver 2) #842 Richard Arthurs
3) #843 Jonathan Marshall 4) #844 Aidan Brady
5 836 Lasswade AC 'A' 3:29.01
1) #833 Charlie Carstairs 2) #834 Alastair Scott
3) #835 Murray Blair 4) #836 Greg Louden
6 824 Falkirk Victoria Harriers 'B' 3:35.63
1) #821 Andrew McKechnie 2) #822 Euan Wond
3) #823 Callan Hogarth 4) #824 Gary Smith
7 840 Law & District Aac 'A' 3:47.01
1) #837 Matthew Gillon 2) #838 Mark Smith
3) #839 Cameron Martin 4) #840 James McClafferty
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## Event 25 Girls 3x800 m Relay Under 13

CBP: C 7:31.60 1990 , Pitreavie AAC	
National: N 7:23.10 23/08/1981 G.Doig,S.Hamilton,U.Known,	
2021: 7:49.14 11/09/2021 Harmeny AC, Harmeny AC	
L Buchan U13, E Paul U13, N Corrie U13	
Team	Finals
1 1245 Giffnock North AC 'B'	8:28.04
1) #1243 Eve Wilkinson	2) #1244 Rose Costello
3) #1245 Isabella Wilson	4)
2 1272 Musselburgh and District 'A'	8:34.63
1) #1270 Imogen Turner	2) #1271 Heidi Nicholson
3) #1272 Thea Cooke	4)
3 1218 Airdrie Harriers 'B'	8:47.71
1) #1216 Kady Wood	2) #1217 Leah Dunphy
3) #1218 Lucy O'Reilly	4)
4 1254 Harmeny AC 'B'	8:55.12
1) #1252 Emily McGuire	2) #1253 Ivy Loudon
3) #1254 Alexa Holden	4)
5 1233 Dunfermline Track and Fie 'B'	8:56.35
1) #1231 Lily Pritchard	2) #1232 Freya Kieran
3) #1233 Lucy Gibb	4)
6 1263 Kilbarchan Aac 'B'	9:27.08
1) #1261 Mairi Nicholson	2) #1262 Emily Vennard
3) #1263 Megan Cowan	4)
7 1257 Harmeny AC 'C'	9:33.23
1) #1255 Katie Warnock	2) #1256 Rebecca Hardie
3) #1257 Maya Buchan	4)
Heat 2	
1 1287 Team East Lothian 'A'	7:47.28
1) #1285 Freya Brown	2) #1286 Cara Lai
3) #1287 Cerys Wright	4)
2 1251 Harmeny AC 'A'	7:55.11
1) #1249 Rachel Caves	2) #1250 Francesca Earl
3) #1251 Carys Melton	4)
3 1215 Airdrie Harriers 'A'	8:06.33
1) #1213 Leanna Elliot	2) #1214 Amber Marshall
3) #1215 Dionne Maguinness	4)
4 1236 Edinburgh AC 'A'	8:27.15
1) #1234 Isla Duncan	2) #1235 Stella Crawford
3) #1236 Ellie O'Connor	4)
5 1278 Pitreavie Aac 'A'	8:53.40
1) #1276 Agnes Lister	2) #1277 Molly McElroy
3) #1278 Amelie Mathers	4)
6 1227 Dundee Hawkhill Harriers 'A'	8:55.57
1) #1225 Alliviah Bell	2) #1226 Simone Imrie
3) #1227 Breagha Hastie	4)
7 1221 Ayr Seaforth AC 'A'	9:25.08
1) #1219 Anna Campbell	2) #1220 Jessica Needham
3) #1221 Katie Ablett	4)
-- 1269 Law & District Aac 'A'	DQ TR24.7
1) #1267 Isla Cameron	2) #1268 Grace Quinn
3) #1269 Olivia Davidson	4)
Heat 3	
1 1242 Giffnock North AC 'A'	7:49.78
1) #1240 Holly Simpson	2) #1241 Eilidh Caldwell
3) #1242 Millie Boothman	4)
2 1212 Aberdeen Aac 'A'	7:52.57
1) #1210 Olivia Dinnes	2) #1211 Emily Taylor
3) #1212 Sophie Imlach	4)
3 1239 Falkirk Victoria Harriers 'A'	7:52.73
1) #1237 Skye Robertson	2) #1238 Josie Anderson
3) #1239 Emily Christie	4)
4 1275 North Ayrshire Aac 'A'	8:21.02
1) #1273 Emy Finnigan	2) #1274 Ella McMillan
3) #1275 Lola Finnigan	4)
5 1260 Kilbarchan Aac 'A'	8:39.76
1) #1258 Ella Carden	2) #1259 Vanessa McVeigh
3) #1260 Isla Miller	4)
6 1230 Dunfermline Track and Fie 'A'	8:46.63
1) #1228 Poppy Warner	2) #1229 Briony Argo
3) #1230 Caitlin Chalmers	4)
7 1266 Kilmarnock H&Ac 'A'	9:03.06
1) #1264 Madeline Curley	2) #1265 Ellie Alexander
3) #1266 Abigail Whitby	4)
8 1224 Central AC 'A'	9:18.37
1) #1222 Ella Tanner	2) #1223 Norah thompson
3) #1224 Maisie Beaton	4)

**Event 26 Boys 3x800 m Relay Under 13**

CBP: C 7:05.27 2005		, City of Edinburgh	
National: N 7:05.27 19/06/2005		T.Holligan,E.Dudgeon,D.Rowa	
2021: 7:20.35 11/09/2021		Giffnock North AC, Giffnock	
Team		C Dick U13, M Macaulay U13, P Fraser U13	
Team		Finals	
Heat 1			
1	1173 Giffnock North AC 'B'		7:42.49
	1) #1171 Ethan Scobie	2) #1172 Finlay Laskey	
	3) #1173 Louie Muir	4)	
2	1164 Dundee Hawkhill Harriers 'A'		7:59.55
	1) #1162 Jaxson Scott	2) #1163 Harry Robinson	
	3) #1164 Ruairi Caldwell	4)	
3	1203 Team East Lothian 'A'		8:07.25
	1) #1201 Jacob Lamb	2) #1202 Josh Cooper	
	3) #1203 Matthew Connolly	4)	
4	1188 Kilbarchan Aac 'A'		8:18.33
	1) #1186 Richard Forbes	2) #1187 Alexander Burke	
	3) #1188 Cameron Bruce	4)	
5	1176 Giffnock North AC 'C'		8:26.10
	1) #1174 Joseph Mowat	2) #1175 Noah Sluman	
	3) #1176 Luca Saez	4)	
6	1182 Harmeny AC 'B'		8:27.12
	1) #1180 James Toner	2) #1181 Jacob Marshall	
	3) #1182 Harry Howl	4)	
7	1185 Harmeny AC 'C'		8:27.80
	1) #1183 Josh Lee	2) #1184 Alasdair Forrest	
	3) #1185 Austin Denny	4)	
--	1155 Aberdeen Aac 'A'		DQ 24.20
	1) #1153 Reuben McAllister	2) #1154 Struan McKay	
	3) #1155 Alex Henthorn	4)	
Heat 2			
1	1170 Giffnock North AC 'A'		7:25.88
	1) #1168 Logan McNulty	2) #1169 Kian Dick	
	3) #1170 Cameron Mitchell	4)	
2	1191 Law & District Aac 'A'		7:33.85
	1) #1189 Cameron Chambers	2) #1190 Blair Beverley	
	3) #1191 Jack Duffin	4)	
3	1167 Edinburgh AC 'A'		7:36.89
	1) #1165 Calum Harvie-Clark	2) #1166 Archie Smart	
	3) #1167 Lukas Sonnevill	4)	
4	1179 Harmeny AC 'A'		7:55.15
	1) #1177 Lorcan Morrison	2) #1178 Rory Beattie	
	3) #1179 Ben Paterson	4)	
5	1161 Central AC 'A'		7:57.02
	1) #1159 Cameron Tanner	2) #1160 Rory MacMillan	
	3) #1161 Harrison MacMillan	4)	
6	1194 Pitreavie Aac 'A'		8:02.57
	1) #1192 Callum Wood	2) #1193 Brodie Simon	
	3) #1194 Michael Massey	4)	
7	1206 Vp-Glasgow AC 'A'		8:17.88
	1) #1204 Ethan Slack	2) #1205 Adam Murray	
	3) #1206 Rhuairdh Laing	4)	
8	1158 Ayr Seaforth AC 'A'		8:29.34
	1) #1156 Sebastien Ballantyne	2) #1157 Lewis Relly	
	3) #1158 Matthew Copland	4)	

## Event 27 Girls 3x800 m Relay Under 15

=====  
 CBP: C 7:00.08 2014 , Giffnock North AAC  
 National: N 7:00.08 15/06/2014 D.Kelly,N.Miller,E.Wallace,  
 2021: 7:08.43 11/09/2021 Pitreavie AAC, Pitreavie AA  
 K Sandilands U15, A Baillie U15, L Simon U15  
 Team Finals  
 =====

Heat 1				
1	1119 Giffnock North AC 'B'			7:28.13
	1) #1117 Freya Scobie	2)	#1118 Amy Gallagher	
	3) #1119 Lauren McPherson	4)		
2	1128 Harmeny AC 'B'			7:31.99
	1) #1126 Leah Buchan	2)	#1127 Lara Brechin	
	3) #1128 Natsai Nyabadza	4)		
3	1104 East Kilbride AC 'A'			7:43.26
	1) #1102 Eva Morrison	2)	#1103 Kara Lindsay	
	3) #1104 Matilda Frew	4)		
4	1110 Edinburgh AC 'B'			7:55.85
	1) #1108 Catriona Scott	2)	#1109 Annabella Van der Merwe	
	3) #1110 Joanna Hirst	4)		
5	1122 Giffnock North AC 'C'			7:57.23
	1) #1120 Isla Munro	2)	#1121 Eva Saez	
	3) #1122 Erin Reilly	4)		
6	1131 Harmeny AC 'C'			8:35.80
	1) #1129 Sophie McBirnie	2)	#1130 Meda Maria Reivytytis	
	3) #1131 Skye Marshall	4)		
7	1137 Kilbarchan Aac 'B'			8:37.36
	1) #1135 Olivia Cooper	2)	#1136 Freya Milford	
	3) #1137 Elizabeth Burke	4)		
Heat 2				
1	1116 Giffnock North AC 'A'			7:02.09
	1) #1114 Freya Campbell	2)	#1115 Sarah McNulty	
	3) #1116 Scarlett Wilson	4)		
2	1125 Harmeny AC 'A'			7:16.06
	1) #1123 Emilie Paul	2)	#1124 Georgia Bruce	
	3) #1125 Nancy Corrie	4)		
3	1107 Edinburgh AC 'A'			7:18.52
	1) #1105 Kate MacPhail	2)	#1106 Jessica Taylor	
	3) #1107 Megan MaKay	4)		
4	1134 Kilbarchan Aac 'A'			7:32.79
	1) #1132 Lauren McArthur	2)	#1133 Cara Mcminn	
	3) #1134 Zara Redmond	4)		
5	1113 Falkirk Victoria Harriers 'A'			7:38.61
	1) #1111 Chloe Davies	2)	#1112 Katie Hedges	
	3) #1113 Leya Gibb	4)		
6	1098 Aberdeen Aac 'A'			7:39.46
	1) #1096 Jessica Needs	2)	#1097 Sarah Taylor	
	3) #1098 Katie Sim	4)		
7	1101 Dundee Hawkhill Harriers 'A'			8:02.52
	1) #1099 Imogen Jarrett	2)	#1100 Iris Nicoll	
	3) #1101 Zoey Morgan	4)		
8	1146 Pitreavie Aac 'A'			8:24.88
	1) #1144 Rachel Johnston	2)	#1145 Rachel Margetts	
	3) #1146 Nieve Hannell	4)		
9	1143 Law & District Aac 'A'			8:41.43
	1) #1141 Lucy Corns	2)	#1142 Hannah Jamieson	
	3) #1143 Kirsty Currie	4)		

## Event 28 Boys 3x800 m Relay Under 15

CBP: C 6:21.99 2008 , Giffnock North AAC	
National: N 6:21.99 15/06/2008 J.Walker,G.Muir,M.Lott, Gif	
2021: 6:41.88 11/09/2021 Aberdeen AAC, Aberdeen AAC	
F McKay U15, T Reynolds U15, R Crawford U15	
Team	Finals
Heat 1	
1 1071 Harmeny AC 'B'	6:51.77
1) #1069 James Wotherspoon	2) #1070 Daniel McIntyre
3) #1071 Fergus Ross	4)
2 1062 Giffnock North AC 'B'	6:54.36
1) #1060 Lewis Davidson	2) #1061 Patrick Fraser
3) #1062 Tristan Robin	4)
3 1080 Kilbarchan Aac 'B'	7:30.36
1) #1078 AJ Campbell	2) #1079 Ruaridh Miller
3) #1080 Ian MacPherson	4)
4 1095 Team East Lothian 'B'	7:43.50
1) #1093 Ben Krieves	2) #1094 Thomas Gornall
3) #1095 Joe Smith	4)
-- 1065 Giffnock North AC 'C'	DNF
1) #1063 Jude McGuigan	2) #1064 Archie Price
3) #1065 Leg 3 1065	4)
Heat 2	
1 1056 Falkirk Victoria Harriers 'A'	6:21.77C
1) #1054 Hamish Hunter	2) #1055 Ray Taylor
3) #1056 Luke Culliton	4)
2 1059 Giffnock North AC 'A'	6:23.86
1) #1057 Thomas Reay	2) #1058 Matthew Shaw
3) #1059 Calum Dick	4)
3 1077 Kilbarchan Aac 'A'	6:27.59
1) #1075 Andrew Shorts	2) #1076 Alistair Street
3) #1077 Joshua Mungin	4)
4 1068 Harmeny AC 'A'	6:35.97
1) #1066 Dair Alexander	2) #1067 Kieran Hardie
3) #1068 Matthew Holden	4)
5 1041 Aberdeen Aac 'A'	6:51.35
1) #1039 Alexander Arris	2) #1040 Oscar Chirnside
3) #1041 Harris Callander	4)
6 1053 Edinburgh AC 'A'	7:17.16
1) #1051 Danny Convery	2) #1052 Jamie Duncan
3) #1053 Harry MacKay	4)
7 1083 Kilmarnock H&Ac 'A'	7:24.92
1) #1081 Lewis Anderson	2) #1082 Joe Jamieson
3) #1083 Cameron McGarey	4)
8 1044 Ayr Seaforth AC 'A'	7:31.07
1) #1042 Nicholas Latto	2) #1043 Alasdair MacLean
3) #1044 Gregor Samson	4)
-- 1092 Team East Lothian 'A'	DNF
1) #1091 Jake Page	2) #1092 Howie Allison

## Event 29 Women 3x800 m Relay Under 17

CBP: C 6:50.21 2009 , Dundee Hawkhill Harrier  
 National: N 6:50.21 09/08/2009 I.Brodie,L.Stewart,S.Kelly,  
 2021: 7:26.67 11/09/2021 Corstorphine AAC, Corstorph  
 L Doney U17, O Clarke U17, A Crawford U17

Team Finals

Heat 1		Finals	
1	990 Aberdeen Aac 'A'		6:56.05
	1) #988 Abby Farquhar	2) #989 Hannah Taylor	
	3) #990 Grace MacDonld	4)	
2	999 Edinburgh AC 'A'		7:17.87
	1) #997 Dashka McDonald	2) #998 Anna Cruden	
	3) #999 Orlaith Shepherd	4)	
3	1035 Team East Lothian 'B'		7:50.05
	1) #1033 Eily Sinclair	2) #1034 Rachel Stevens	
	3) #1035 Ella Nicholson	4)	
4	1014 Kilbarchan Aac 'A'		7:50.27
	1) #1012 Poppy Bowers	2) #1013 Adele Street	
	3) #1014 Amy Teasdale	4)	
5	996 Central AC 'A'		8:21.28
	1) #994 Leah Brown	2) #995 Tera Mathewson	
	3) #996 Zosia Paddon	4)	
Heat 2			
1	1029 Pitreavie Aac 'A'		7:08.62
	1) #1027 Katie Sandilands	2) #1028 Ariane Baillie	
	3) #1029 Lily Simon	4)	
2	1032 Team East Lothian 'A'		7:16.98
	1) #1030 Olivia Robbins	2) #1031 Cristina Elliot	
	3) #1032 Maja Thomson	4)	
3	1005 Giffnock North AC 'A'		7:25.19
	1) #1003 Emma McLennan	2) #1004 Ruth Walsh	
	3) #1005 Amber Wade	4)	
4	1002 Falkirk Victoria Harriers 'A'		7:25.60
	1) #1000 Piper Smith	2) #1001 Charlotte Horne	
	3) #1002 Caitlyn Christie	4)	
5	993 Airdrie Harriers 'A'		7:50.74
	1) #991 Murrryn Burns	2) #992 Grace Wilson	
	3) #993 Taylor More	4)	
6	1017 Kilmarnock H&Ac 'A'		8:11.72
	1) #1015 Ellie Anderson	2) #1016 Leah Henderson	
	3) #1017 Melissa Anderson	4)	
7	1020 Law & District Aac 'A'		8:15.31
	1) #1018 Neve Elliott	2) #1019 Yuki Faulds	
	3) #1020 Ayumi Faulds	4)	



## Event 30 Men 3x800 m Relay Under 17

CBP: C 5:56.94		11/09/2021 Giffnock North AC, Giffnock	
		R Macdonald, C Deverill, C Perkins	
National: N 5:56.94		11/09/2021 Giffnock North AC, Giffnock	
		R Macdonald U17, C Deverill U17, C Perkins U17	
2021: 5:56.94		11/09/2021 Giffnock North AC, Giffnock	
		R Macdonald U17, C Deverill U17, C Perkins U17	
Team	Finals		
Heat 1			
1	966	Kilmarnock H&Ac 'A'	6:06.88
	1)	#964 Jamie Phillips	2) #965 Jamie Work
	3)	#966 Jordon Phillips	4)
2	939	Aberdeen Aac 'A'	6:07.54
	1)	#937 Caleb Brock	2) #938 Hamish McKay
	3)	#939 Rhys Crawford	4)
3	984	Team East Lothian 'A'	6:08.01
	1)	#982 Ronnie Brown	2) #983 Jamie Smith
	3)	#984 Aidan Page	4)
4	951	East Kilbride AC 'A'	6:11.92
	1)	#949 Sam Hosie	2) #950 Jamie Connor
	3)	#951 Calum Charters	4)
5	954	Giffnock North AC 'A'	6:20.77
	1)	#952 Alasdair Nugent	2) #953 Matthew Knak
	3)	#954 James Mowat	4)
6	942	Aberdeen Aac 'B'	6:26.72
	1)	#940 Caleb McGuire	2) #941 Finlay McKay
	3)	#942 Harry Jackson	4)
7	948	Dunfermline Track and Fiel 'A'	6:32.97
	1)	#946 Oliver Morrison	2) #947 Mark Harley
	3)	#948 David Cuthbert	4)
8	975	Perth Strathtay Harriers 'A'	6:40.27
	1)	#973 Struan Gatherer	2) #974 Iain Jordan
	3)	#975 Jamie Wilson	4)
9	957	Giffnock North AC 'B'	6:40.53
	1)	#955 James Leaf	2) #956 Calan Chong
	3)	#957 Ruari Laskey	4)
10	945	Ayr Seaforth AC 'A'	7:17.00
	1)	#943 Leo Brockie	2) #944 Evan Kelly
	3)	#945 Ethan Polson	4)

**Event 31 Women 3x800 m Relay Senior**

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CBP: C 6:46.71 1992 , City of Glasgow AC  
 National: N 6:46.71 09/08/1992 , City of Glasgow AC  
 2021: 7:01.93 11/09/2021 Aberdeen AAC, Aberdeen AAC  
 G MacDonald U17, C Purcell U20, K Purcell U20

Team Finals

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1 927 Edinburgh AC 'A' 7:00.25  
 1) #925 Katie Johnson 2) #926 Victoria Barthelmess  
 3) #927 Anise Macaulay Orr 4)

2 936 Kilmarnock H&Ac 'A' 7:28.13  
 1) #934 Laura Haggarty 2) #935 Hannah Burn  
 3) #936 Laura Jedrusiak 4)

**Event 32 Men 3x800 m Relay Senior**

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CBP: C 5:47.35 1994 , Aberdeen AAC  
 National: N 5:47.21 24/06/2012 G.Muir,N.Gourley,J.Walker,  
 2021: 5:55.39 11/09/2021 Falkirk Victoria Harriers,  
 E Wond U20, B Grant Sen, H Pentecost Sen

Team Finals

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1 897 Falkirk Victoria Harriers 'A' 5:54.16  
 1) #895 Euan Wond 2) #896 Ben Charles Sutherland  
 3) #897 Kane Elliott 4)

2 915 Livingston AC 'A' 5:59.71  
 1) #913 Logan Beagley 2) #914 Fraser Morris  
 3) #915 Jonathan Marshall 4)

3 900 Giffnock North AC 'A' 6:05.65  
 1) #898 Reuben Macdonald 2) #899 Ross O'brien  
 3) #900 Cameron Deverill 4)

**Event 31 Mixed 3x800 m Relay Senior**

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Team Finals

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1 897 Falkirk Victoria Harriers 'A' 5:54.16  
 1) #895 Euan Wond 2) #896 Ben Charles Sutherland  
 3) #897 Kane Elliott 4)

2 915 Livingston AC 'A' 5:59.71  
 1) #913 Logan Beagley 2) #915 Jonathan Marshall  
 3) #914 Fraser Morris 4)

1 900 Giffnock North AC 'A' 6:05.65  
 1) #898 Reuben Macdonald 2) #899 Ross O'brien  
 3) #900 Cameron Deverill 4)

3 927 Edinburgh AC 'A' 7:00.25  
 1) #926 Victoria Barthelmess 2) #925 Katie Johnson  
 3) #927 Anise Macaulay Orr 4)

4 936 Kilmarnock H&Ac 'A' 7:28.13  
 1) #935 Hannah Burn 2) #934 Laura Haggarty  
 3) #936 Laura Jedrusiak 4)